# Personal Development

This document should be used alongside the following:

* [Statutory Framework for EYFS 2021](https://www.gov.uk/government/publications/early-years-foundation-stage-framework--2)
* [Ofsted inspections of early years and childcare providers - GOV.UK](https://www.gov.uk/government/collections/ofsteds-inspection-of-early-years-providers)
* [Development Matters Guidance](https://www.gov.uk/government/publications/development-matters--2)
* [Birth to 5 Matters.pdf](https://www.birthto5matters.org.uk/wp-content/uploads/2021/04/Birthto5Matters-download.pdf)

| **Areas to consider about your setting** | **Supporting Evidence** | **Actions you have identified**  | **Date actions need to be completed**  |
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| How do you monitor the quality of care practices, including how routines are adapted for babies and toddlers?  |  |  |  |
| Is there a safe and stimulating learning environment both indoors and outdoors which promotes physical, mental and emotional health and well-being and provides continuity of care? |  |  |  |
| Do you ensure that there is a mix of adult led and child initiated play which supports each area of learning and development? |  |  |  |
| Are children involved in designing their play environments and are they exciting from a child’s eye level? |  |  |  |
| Do you provide opportunities for children to develop their independence? |  |  |  |
| Are children socially and emotionally prepared for their transition within the setting, into other early years settings, and into Reception?  |  |  |  |
| Does the Key Person support each of their key children to become familiar with the setting and to feel confident and safe within it? |  |  |  |
| Is the key person the practitioner who, as far as possible, provides comfort and care for their key child?   |  |  |  |
| Does each Key Person develop a genuine bond with each child and their parents, supporting children to form secure relationships? |  |  |  |
| How do you ensure that children know how to keep themselves healthy incuding their oral health?  |  |  |  |
| Do you support children in an age appropriate way to have an understanding of how to assess risk and to keep themselves safe from hazards?  |  |  |  |